



KENT SCHOOLS' CROSS COUNTRY CHAMPIONSHIP

Wednesday 7th December 2022

The Kent Schools' Cross Country Championships are to be held on **Saturday 21st January 2023** at Dartford Central Park DA1 1JP. *(If the competition is postponed due to the weather, the reserve date is Saturday 4th February.)*

Nominations from schools closed last week and the names of selected athletes should be on the www.ksaa.org.uk website in the next day or two.

Teachers at Thanet schools are advised to check their nominations and notify me straight away if there are any omissions, spelling errors or other issues.

EVENT TIMETABLE and AGE GROUPS –

Time	Race	Distance *
11:30	Year 7 Girls	2400m
11:50	Year 7 Boys	2700m
12:10	Intermediate Girls (Y10 & Y11) Senior Girls (Y12 & Y13) <i>Racing together, but results collated separately for the two age groups.</i>	4000m
12:35	Senior Boys (Y12 & Y13)	7250m
13:10	Intermediate Boys (Y10 & Y11)	5950m
13:40	Junior Girls (Y8 & Y9)	3250m
14:05	Junior Boys (Y8 & Y9)	4000m

** These are the 2022 race distances. The 2023 races are at a new venue and the precise course layout has not yet been confirmed.*

There is no parking available within the park. Public car parks are located nearby. Please allow enough time to find a space and register in good time to warm up for your race.

Athletes will need to pay a £5 entry fee on the day. *This is to help cover increasing costs and ensure the future of events such as the Kent Schools' Championship and Schools' Inter-Counties.)*

I look forward to seeing you at athlete registration area on the day. This will be at or near the Dartford Harriers A.C. club house.



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