



# **East Kent Coaching** **Running for Swimmers** and others!

**DUKE OF YORK'S  
ROYAL MILITARY SCHOOL  
DOVER CT15 5EQ**

**18:00 – 19:00**

**THURSDAY EVENINGS**

January 15<sup>th</sup> 22<sup>nd</sup> 29<sup>th</sup>

February 5<sup>th</sup> 12<sup>th</sup> 19<sup>th</sup> 26<sup>th</sup>

March 5<sup>th</sup> 12<sup>th</sup> 19<sup>th</sup>

School Year 6 and upwards

**£7 per session or**

**£50 for all 10 weeks**

Advance booking is essential

eastkentcoaching



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